



# Right there with you

## Aetna One<sup>®</sup> Choice

Ongoing nurse support and coaching when you need it most

[Aetna.com](https://www.aetna.com)

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 aetna<sup>™</sup>

# Supporting you on your path to better health

Your health — both physical and mental — is everything. Whether you're managing a chronic condition or dealing with other complex health challenges, our nurses can help. If you're identified for care management, a nurse can work with you to put together a plan, help you understand your benefits offerings and answer your health-related questions.



## **One-on-one personalized nurse support**

If you're identified for care, our clinical nurses can collaborate with service teams to help you achieve your health goals. If necessary, they may also recommend you for group coaching support.



## **Tools, tips and support centers**

Through your Aetna® member website, you'll be able to locate a doctor, review your personal health record and watch informational health videos. And for specific health needs, you can explore member resources like the Cancer Support Center, the Maternity Support Center and the Joint Pain Support Center.



## **Access to information — whenever, wherever**

Always on the go? No problem. Your member website is fully mobile. Remember, this is your one-stop shop for getting the help you need. And when you download the Aetna Health<sup>SM</sup> app, you can access it all from the palm of your hand.

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**Get started with these resources today.**

Go to **Aetna.com** to log in to your member website.

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This information is not intended to replace the advice of a doctor. Aetna is not responsible for the decisions you make based on this information. If you have specific health care needs or would like more complete health information, please see your doctor or other health care provider. Refer to **Aetna.com** for more information about Aetna® plans.